

Coastal Neurological Medical Group, Inc.

9850 Genesee Avenue Suite 860
www.coastalneurological.com

La Jolla, California 92037

Phone 858-453-3842

Fax 858-535-9390

www.tinyurl.com/DeeSilverMD

Dee E. Silver, M.D.

Dear Patients,

With a heavy and tearful heart and aching in my soul and true sadness in my mind I have decided to close my office on July 1, 2018 and I will no longer be able to attend to you professionally after this date.

Over the last 47 years, I have been giving and enjoying the great privilege of delivering medical care to patients. God has given and allowed me to have this privilege, which is to meet, care for, know, become friends with and love my patients and their family. Of my many joys in life, this has been one of the most enjoyable. I have been so blessed to have so many wonderful, friendly, appreciative patients. From a small town in Iowa, working many jobs where people were important and laboring on a farm, taught me that hard work, caring for people who need help and making this world a better place was much of my true purpose in life.

I have been honored, lucky and blessed to have the staff I had for 47 years. They have worked hard to help deliver medical care. Earlier it was Christina and Sonia and for the last 17 years has been Kania, and now Sophia and Erin. They all have worked so diligently for approvals, authorizations, prescriptions, appointments, phone calls and helping me and my patients. They have met wonderful people, made friends and found ways to reduce the complexity of healthcare delivery.

This has been a major decision, a difficult one, since I planned on practicing for maybe 4 more years. Medicine has changed. I was in the golden years, especially golden for the patients. Now pressures are for computerized records, many ancillary people being required because of insurance recurrent authorizations and complexity of prescribing drugs and ordering tests. But the law going into effect on July 1, 2018 is establishing the California Parkinson's Disease Registry (CPDR) where all patients will need reporting to the state, with diagnosis, history (personal and medical) and ongoing reporting during the disease journey by any provider of medical care. This requirement cannot be met by me and my office. For me it would increase labor costs, burn out of staff, cause complaints from staff and especially from patients and will interfere with patient privacy, rights and it will result in my inability to have the care setting that I have enjoyed and the setting that most of my patients have appreciated and enjoyed.

Over the years I have made many friends and I will truly miss that, but helping patients and their families through difficult times will be deeply missed. Making a significant benefit for patients and their family lives was always an honor. I have always had the concept that knowledge of the disease is important. I directed this to my patients and family and that has been of benefit for everyone. I will greatly miss the clinical diagnostic mysteries.

I am certainly proud and happy that I helped start the Parkinson's Association- SD in 1980 and have been a nonpaid medical director for all these years. Many have worked to make it a helpful organization. I think after a few difficult years it is coming back with the help of many. ***They will be holding the Knock Out Parkinson's Gala on October 6, 2018, at which I am to receive the Lifetime Achievement Award. Rasheda Ali, Muhammad Ali's daughter, is the guest speaker. It would be wonderful to see you there! To obtain tickets call- 858-999-5671 or go to www.parkinsonsassociation.org.***

So for your care in the future, contact and see your primary doctor right away and establish with a neurologist if needed. **Between now and July 1, 2018, I will work in patients for summary thoughts, records, medication and suggestions for you and your care. If you need records, obtain the significant ones** (i.e. Recent dictated notes, lab, MRI, EEG, ENG, DaTScan and other test results and my fax sheets). We can provide these records to you at this last summary visit.

Remember, if you have any sudden changes, go to your primary care doctor or a new neurologist and if any urgent concerns or if you cannot get in to these physicians in a timely manner, go to the ER right away.

I truly wish I could personally write each of you a note, shake your hand or give you a hug, but that is not possible. You will always be in my awareness, in my thoughts and heart and in my prayers.

Sincerely,

Dee E. Silver, M.D.

Parkinson's Patients:

Get your most recent fax sheet and dictation from Dr. Silver.

Get your most recent Imaging (MRI, DaTScan, CT) from the imaging center it was done at.

Make a list for your new physician to include: year diagnosed with PD, current medications, all medications tried in past (list why they failed); also if you have cognitive changes, dyskinesia's, end dose failure, off time, morning off, constipation, loss of smell, depression, falls, Obstructive Sleep Apnea, hallucinations, delusions, paranoia, impulsive compulsion behavior, restless leg syndrome or orthostatic hypotension.

If you have DBS you must see a neurologist that does programming. Get your last DBS sheet and dictation from Dr. Silver and remember all my patients have 4 programs.

PLEASE REVIEW ON MY WEBSITE, www.coastalneurological.com, MY RECENT REVIEW OF THE FOUNDATION OF PARKINSON'S DISEASE AND NEURODEGENERATIVE DISEASE (WHICH WAS GIVEN RECENTLY AT SCRIPPS MEMORIAL HOSPITAL GRAND ROUNDS)

Toxin Patients:

You need to find an injecting neurologist ASAP due to authorizations and ordering of the medication, we don't want you to miss a dose. You need to obtain your last dictation and injection guild sheet from Dr. Silver to take to your new neurologist.

MS Patients:

Make sure you have enough medication. Do not go off your medication. Call your primary care physician if you have difficulty. Make sure to get copies of your most recent MRI's from the imaging facility as well as a list of your current medication and past tried medications for your new neurologist.

Medication Refills:

If you are not being followed by a new neurologist by July 1, 2018, you will need to work with your primary care physician for your medication refills until you can get in to see the neurologist.

Contacts for neurological care: (Please check with your PCP and your insurance for coverage)

Abigail Lawler, M.D. Movement disorder specialist. She does DBS programming and also does toxin injections (Botox).
760-631-3000

Fred de la Vega, M.D. Neurologist. He does toxin injections.
858-677-1755

Naira Kocharian, M.D. Neurologist. She does toxin injections for migraines only and does EMG's in office.
858-587-7009

Scripps Clinic Neurology
858-554-8896

UCSD Neurology
858-657-8540

Or any other neurologist in your healthcare network or region in which you live.

After July 1, 2018, Your medical records will be stored and can be obtained from :

Certified Information Management
562-949-4930